



ŚRUTI PARAMPARA

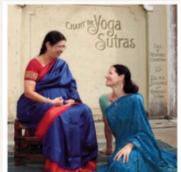
An Ancient Method for Modern Yogis
Learning Sanskrit Through Call-and-Response Chanting
Kiki Flynn



vāgarthāviva sampṛktau
vāgarthapratipattaye
jagataḥ pitarau vande
pārvatīparameśvarau

I bow to Parvati and Parameśwara, the parents of the world,
who are inseparable, just like a word and its meaning,
to guide me in acquiring the right understanding
of words and their meanings

vāgartha - vak artha - the word and its meaning



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How do we learn words?

How do we know their meaning?

How do we learn language ?

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**Through sound
śruti**

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The Mother Tongue



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One by One..

Slowly and
then suddenly



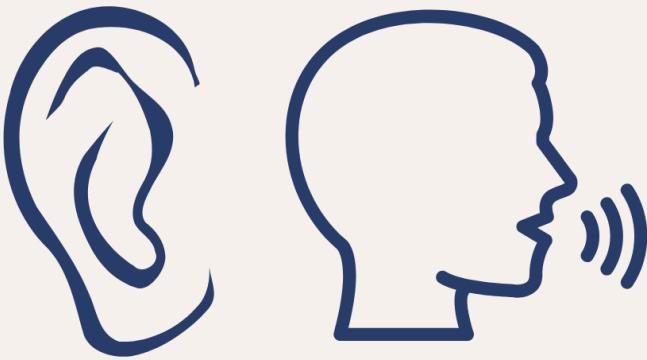
śabdārtha - śabda artha

vāgartha - vak artha - the word and its meaning are ONE



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In the
beginning...



śabdārtha - śabda artha

vāgartha - vak artha - the word and it's meaning are ONE



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A few years later...



śabdārtha - śabda artha

vāgartha - vak artha - the word and it's meaning are ONE

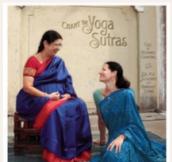


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Indian Systems are
Oral Systems

śruti

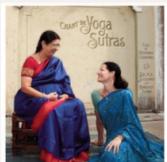


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Śri Patanjali

atha yogānuśāsanam



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Śri Patanjali

Śruti - that which is heard

Parampara - tradition or lineage

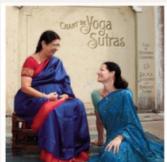
Call and Response Chanting

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Have our brains developed to learn this way?

Is there an advantage to learning without books?



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Śri Patanjali

3.I Deśa bandhaḥ cittasya
dhāraṇā

dṛṣṭi

eka graḥ



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Look, listen, mirror:

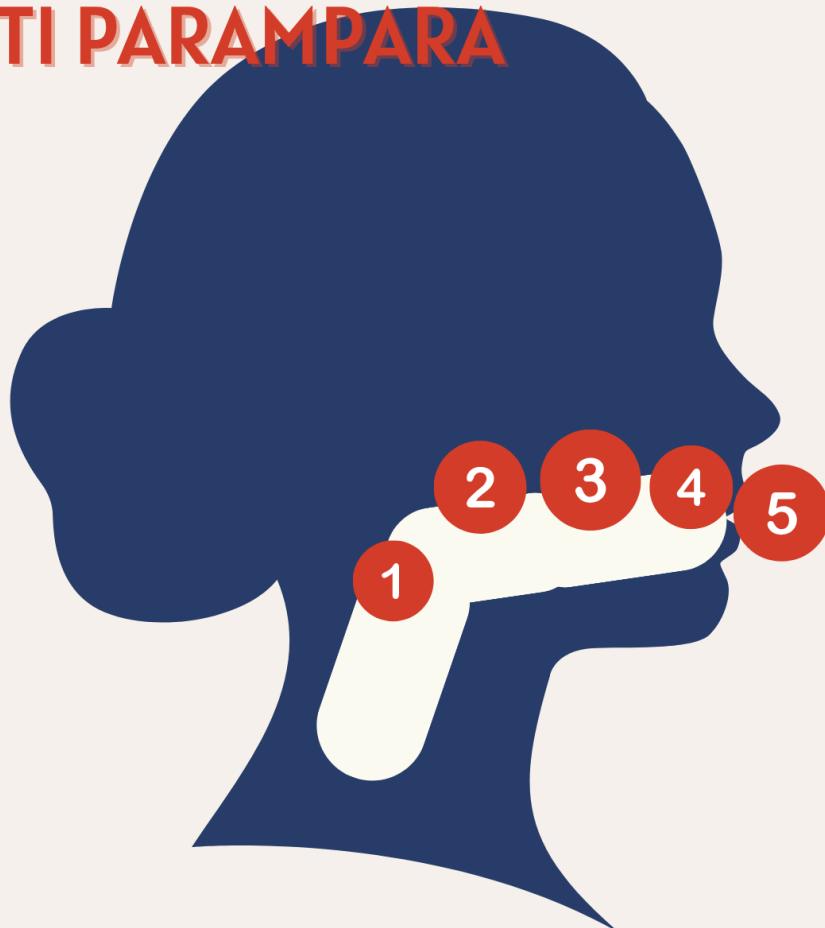


- the teacher's face
- lips
- tongue position
- the vibratory quality
- resonance
- genesis
- manner



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1. Throat
2. Palate
3. Retroflex
4. Dental
5. Labial



The 5 Stāna



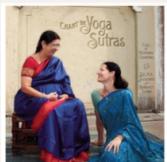
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1. Throat
2. Palate
3. Retroflex
4. Dental
5. Labial



VOWELS

What is a vowel?



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1. Throat
2. Palate
3. Retroflex
4. Dental
5. Labial



Consonants

unvoiced/ aspirated /voiced /aspirated/ nasal

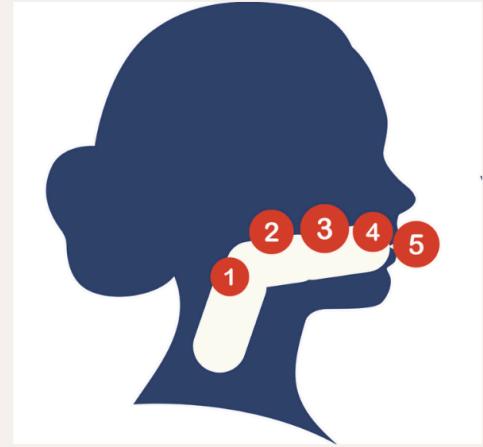
1. throat
2. palate
3. retroflex
4. dental
5. labial





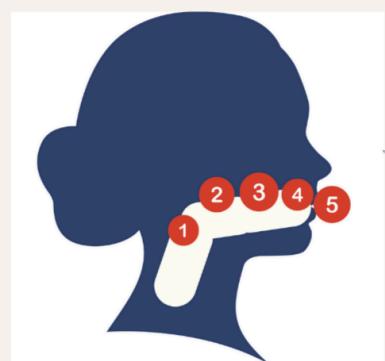
Consonants

1. ka kha ga gha ḡa
2. ca cha ja jha ña
3. ṭa ṭha ḏa ḏha ḡa
4. ta tha da dha na
5. pa pha ba bha ma



a ā iī uū ṛ ṙu ḷ e ai o au

1. ka kha ga gha ḡa
2. ca cha ja jha ña ya śa
3. ṭa ṭha ḏa ḏha ḡa ra śa
4. ta tha da dha na la sa
5. pa pha ba bha ma va ha





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Pratyakṣa anuāmāna āgāma pramāṇaḥ

āgāma
śruti



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Guruji, how long does it take to learn yoga?



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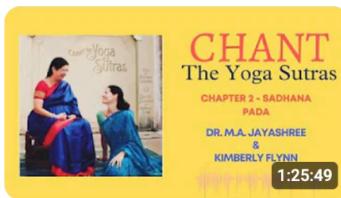
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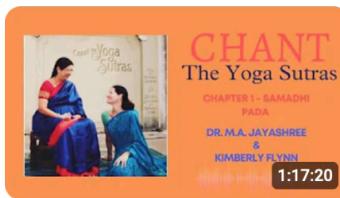
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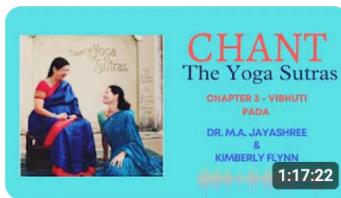
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